



Certificate of Training

This is to certify that

Christel Forré

has completed a 25 hour **Mindful Self-Compassion Teacher Training Practicum (TTP)** with practicum teacher trainers, Ali Lambie and Helle Laursen, from June 22, 2022 to August 24, 2022.

Christel is now authorized to teach the 8-week MSC program.

Steven D. Hickman, Psy.D.
CMSC Director of Professional Training

